1. Bread, Meat & Fruit 

Europeans need to be fast thinking to capture the lifeline of the European exports to Iran. 

2. COVID-19 has improved the volume of FMCG (Fast Moving Consumer Goods), fast food startups, new Dutch automated fast food and labelling to be done locally by importers. 

IRAN'S MAJOR FOOD PRODUCTS 

- Sugar other than beet & cane 
- Gum, resin and plant extract 
- Wheat 
- Modified starches 
- Milk preparations, Casein 
- Flour, starch 
- Sheep and goat meat, fresh, chilled and frozen 
- Prepared vegetables, fruit or nuts 
- Prepared seasoning, spices, and condiments 
- Pistachios, pomegranates, dates, saffron and rose petals (used to make caviar), tomatoes, meat and dairy 
- Carbonated beverages, soft drinks 
- Tea 
- Juice, wine, beer, sprits 
- Grains & live animals, seeds 

For further information, please contact us at: www.sanctions-helpdesk.eu